



# MIDHURST MATTERS

Date	Year Group	Events/Details
Monday 10 June	11 & 13	For full exams dates please click here. <a href="#">Summer 2024 Exam Timetable</a> .
Tuesday 11 June		Understanding the Teenage Brain - 7pm (booking form below)
Wednesday 12 June	11	Last full day in College
Thursday 13 June	10	Parent/Carer Info Evening - Ardeche French Trip - 7pm
Friday 14 June		

Austen	Kipling	Tennyson	Woolf
126,943 (3,277)	145,619 (4,540)	144,541 (3,628)	122,690 (3,644)

## PRINCIPAL'S MESSAGE

It was a good first week back in College, students are working hard in lessons and enjoying the fine weather during break times. The exam window continues into the final push for Year 11 and Year 13, our students are showing maturity and dedication completing their exams one by one.

The Drama Department enjoyed hosting a Drama day for Year 4 pupils from 10 primary schools. They spent the day working on activities with a Fantastic Mr Fox theme.

Our Sixth Form students put on a Talent Contest towards the end of the week in support of Stonepillow. We will report on how our students and teachers performed in next weeks edition with photo's of the event.

## Best wishes

**Stuart Edwards**  
Principal

## ASSESSMENT COMING UP!

Week beginning : 10 June 2024

Assessments are taking place for the following year groups

- Year 10 : United Learning assessments begin this week for all subjects (10 June 2024 onwards)
- Year 9 : United Learning assessments begin this week for all subjects (10 June 2024 onwards)
- Year 8 : United Learning assessments begin this week for all subjects (10 June 2024 onwards)

Class teachers have previously shared details of forthcoming assessments with your child, including the length of assessment, type of questions, topics that will be in the assessment and some revision activities that will be useful to help your child prepare. This will be available on Arbor as an assignment.

Please support your child in preparing well for these assessments with effective revision, adequate rest the night before and a good breakfast to fuel them for the day. It is also very helpful to ensure students have appropriate equipment – pens, pencils, highlighters as a minimum. We are also mindful that these assessments can create a degree of stress and anxiety – please do contact your Head of Year for support and advice should this be the case.

## EXAM SEASON

### Supporting Students With Exam Pressure

It is a stressful time of year for students, and some may need extra support to get through these challenging exam weeks. We have included some articles below that we hope will help you support students.

[Coping with exam pressure - a guide for students - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

[Information for 11-18 year olds – Exam stress - Mind Academic and exam stress : Mentally Healthy Schools](#)


## UNDERSTANDING THE TEENAGE BRAIN

Simon Hills our Director of Behaviour at MRC will be giving a talk entitled “Understanding the teenage brain - Why is my child behaving like this? Is it just me?”.

The talk will take place in the Theatre on Tuesday 11 June from 7pm and will last approx. 40 mins. Places are limited. Please use the link below to book a places.

[Teenage Brain Booking Form](#)

## Understanding the teenage brain



Why is my child behaving like this? Is it just me?

A useful, informative and humorous talk about the teenage brain and the behaviours you may be seeing at home.

This 40 minute talk will explain in simple terms what's actually happening in the teenage brain as they develop and mature and, using real life examples of 'teenage behaviour', will help you, as parents and carers, to understand the 'SOMETHING' that is behind their behaviour. (reasoning?/science?/rationale?)

If your child has ever 'thrown a mood' for no reason; if you've annoyed them by just walking into a room; if you're fed up with their messy room then this talk will give you the strategies 'to cope' and reassurance that you are not alone through the teenage years.

 Midhurst Rother College    Tuesday 11 June 2024 • 7.00pm  
The best in everyone™  
Part of United Learning    in the Theatre

## YEAR 11 - IT SUPPORT

### A Polite Reminder To Return Loaned Chromebooks

At MRC we support a number of students' with homework and revision by loaning them a laptop to use for independent study. Year 11 students should now return their loaned devices to Mr Denyer in our IT Support department. These will be serviced and loaned to new Year 7 students joining us in September to promote their learning.

## STUDENT RECEPTION

### Call For Preloved School Uniform

As the end of the academic year approaches fast, a reminder that we gratefully receive any Year 11 uniform which still has some life in it (once they have completed their exams). We are always happy to receive donations of uniform that students have outgrown from all Year groups to replenish our stocks.

### Water Bottles

All students are expected to bring water bottles into school especially in the warmer months to stay hydrated.

Water fountains are located in the lower main Hub and the PE Department for ice cold water refills.

## WARNING - SWIMMING IN THE RIVER ROTHER

As the weather warms up, the temptation to swim or paddle in the River Rother is irresistible to some students. Sadly, the river is not a safe place to swim due to the bacteria present, please encourage your children not to go in.

In the past, we have had Year 11 students miss GCSE exams due to picking up bacteria from the river leaving them too unwell to sit exams.

## UNIFORM

### MRC Uniform Policy

We expect our students to wear full uniform whilst in College. See below links to view our Uniform Policy for a refresher. If you need help with uniform please contact your Head of Year. Just a reminder that all students are expected to wear black short socks and **not white** during the summer months.

### Year 11

Full uniform must be worn during the exam season by all Year 11 students.

[Uniform.pdf \(mrc-academy.org\)](#)

[Uniform policy.pdf \(mrc-academy.org\)](#)

### Acceptable School Shorts



## STEVENSONS - UNIFORM

Stevensons, our uniform supplier, will bring their pop-up shop to MRC on Friday 5 July from 3pm-6pm. The shop will be located in our Sports Hall. Blazers, ties, skirts and all PE tops must be purchased from Stevensons. At the shop, they will also offer uniform bundles as below, these offers will only be available at the pop-up shop:

<b>BASIC BUNDLE: £109</b>	<b>FULL BUNDLE: £157.50</b>
<u>Girls pack</u> Blazer Girls fitted PE polo Games Jersey PE skort Sports socks	<u>Girls pack</u> Blazer V-Neck Skirt or trousers Pack of blouses Girls fitted PE polo Games Jersey PE skort Sports socks
<u>Boys pack</u> Blazer Tie Boys fitted PE polo Games Jersey PE shorts Sports socks	<u>Boys pack</u> Blazer V-Neck Tie Trousers Pack of shirts Boys PE polo Games Jersey PE shorts Sports socks



# STEVENSONS

## Pop-up Shop.

### Midhurst Rother College

Pop-up shops are a 'travelling branch' and provide the opportunity for parents to have the full uniform outfitting experience.

A range of branded school uniform across all stocked sizes will be available in school for pupils to try on, purchase and take away on the day or purchase online at a later date via our website [www.stevensons.co.uk](http://www.stevensons.co.uk)

**Friday 5<sup>th</sup> July**  
**3pm – 6pm**

**Shopping**  
To see your school uniform on our website, scan the QR code below. We encourage customers to bring a reusable carrier bag with them.

**Trying on**  
You are welcome to try on garments, but a fitting room may not always be available so we recommend wearing a thin undergarment for ease of trying on.

**Payment**  
Our Events are cashless, and we accept all major credit/debit cards (excluding Amex).

**Your Future.**



## FOOD TECHNOLOGY DEPARTMENT

### MRC Master Chef Final

Food Tech will be hosting the MRC Master Chef Final on Friday 21 June, showcasing our Year 10s culinary abilities. Our Year 10 students participated in the heats at the beginning of the term, and we are keen to see them showcase the knowledge and skills they have acquired and honed over this term. It proves to be a great contest, and we look forward to announcing the winner in due course.



## ART/DESIGN/TECHNOLOGY DEPARTMENT

The Art, Design and Technology department would like to invite you to a celebration of the very best of work from this years students.

This annual showcase exhibits the creations of Year 11 and Year 13 students from across the department including; Art, Photography, Textiles, Product Design and Food and Nutrition. Please join us in an evening of visual delights open from 4pm until 6.30pm on Tuesday 25 June in the Theatre.

Photographs below from last years exhibition.

Mr Andrew Hayward M.A.



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## STUDENT SPOTLIGHT

### New MRC Football Kit

We are proud to reveal that next season the MRC Football teams will be wearing a fresh new match kit designed by Year 10 students Noah T and Jake H. The boys have thoroughly enjoyed the process from creating designs through to delivery. They along with the rest of the teams look forward to playing in the kit when they welcome their first opponents in the Autumn. The project was supported by Mrs Robson.

Mr Lamb



### Weightlifting

Jacob H in Year 9 has been Olympic weightlifting for a year now which he absolutely loves. He had a competition last weekend and he is currently lifting 61kg in Snatch and 83kg in Clean and Jerk. He is 9kg short of qualifying for the British Nationals in October and his trainer is confident he will come away with a medal. Jacob is very driven and ultimately wants to represent GB at the Olympics. Congratulations Jacob and we look forward to hearing more wonderful news of your achievements.



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## PE DEPARTMENT

### Cricket Fixture

On Thursday the MRC cricket team played Sir Phillip Howard at Cowdray Ruins. MRC scored 103 - great batting from Hamish Unwin who hit 10 runs off the first 2 balls!

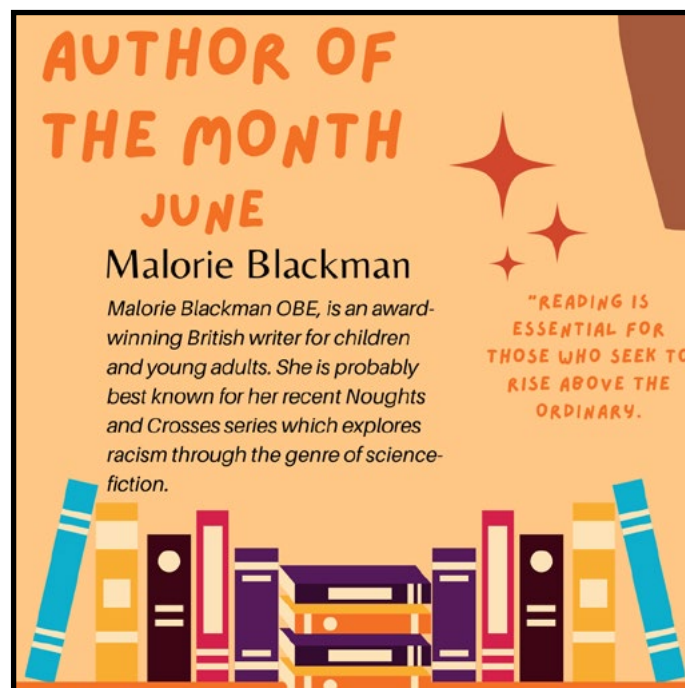
Sir Phillip Howard scored 104 with 3 overs to spare- top bowling performances from Ben P and Jess K. We really enjoyed playing the high scoring quality cricket match with 2 strong teams competing!

I would like to mention to Rufus P who bowled well and Gene S for taking 2 wickets!

Mr Hills



## LRC - AUTHOR OF THE MONTH




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## DIARY DATES – SPRING TERM

These dates are accurate at the time of publishing.

Date	Event
Friday 19 July 2024	End of Summer Term

House Events Calendar 2023/24			
Month	Events & Faculty	Year Group	Head of House Link
June	Art House Competition	TBC	JOT
July	Drama	Yr7	RHN
July	Music - Battle of Bands	Yr7	CHS
July	PE House Cricket	Yr7-8 Combined Yr9-19 Combined	AHK
July	PE - Sports Day	Yr7-10	All

 <b>Performing Arts Calendar of events - Spring and Summer 2024</b> 			
<b>Spring 2024</b>			
Saturday 24 <sup>th</sup> February	CFMDS Festival	Musical Theatre Y13 duologue	St Josephs Chichester
Thursday 29 <sup>th</sup> February	Dance House 1	MRC Dance Teams Minibus	Worthing Theatre
Saturday 2 <sup>nd</sup> March	CFMDS Festival	Orchestra Jazz Band Flute ensemble	St Josephs School 9.45am Chichester
Saturday 9 <sup>th</sup> March	CFMDS Festival	MRC Singers Choir	St Josephs School Chichester
Wednesday 13 <sup>th</sup> March	YR 11 Component 2 exam	GCSE Drama YR11	MRC Theatre
Wednesday 20 <sup>th</sup> March	Spring Concert	Orchestra Choir Jazz Strings, flutes Drama/production groups Soloists (by invite) Bands	MRC Theatre
Friday 22 <sup>nd</sup> March	Rother Valley Arts Festival	MRC Dance Teams	MRC Theatre
Wednesday 27 <sup>th</sup> March	Courtney Pine at Ronnie Scotts	Y11 & 6 <sup>th</sup> form music	Ronnie Scotts London
Wednesday 27 <sup>th</sup> March	YR 11 Choreography Showcase	GCSE Dance Yr11	MRC Theatre
<b>Summer 2024</b>			
Wednesday 24 <sup>th</sup> April	Dance House 2	MRC Dance Teams	Worthing Theatre
Thursday 2 <sup>nd</sup> May	YR 10 Drama Performance	GCSE Drama YR10	MRC Theatre
Wednesday 15 <sup>th</sup> -Friday 17 <sup>th</sup> May	School of Rock!	School Production Cast Band/musicians	MRC Theatre
June TBC	Drama Day	BTEC Performing Arts	MRC Theatre
Wednesday 26 <sup>th</sup> June	Pre-tour Concert	<b>Students that are coming to Belgium</b> Orchestra Choir BTEC Performing Arts Jazz Band Drama (Invite only)	Amphitheatre
Tuesday 2 <sup>nd</sup> July	Drama and Music House Cup	YR 7	MRC Theatre Music P1-4 Drama 5-6
Friday 8 <sup>th</sup> - Tuesday 12 <sup>th</sup> July	Tour- Belgium	Orchestra Choir BTEC Performing Arts Jazz Band Drama (Invite only)	Belgium



## VACANCIES AT MIDHURST ROTHER COLLEGE

Please click on the following link for the latest vacancies at MRC:

<https://www.mrc-academy.org/about-us/vacancies>

## HELPFUL MRC WEBSITE LINKS

Arbor Information Guides: [Arbor Information Guides \(mrc-academy.org\)](https://www.mrc-academy.org/about-us/vacancies)

Arbor Link: [Midhurst Rother College \(arbor.sc\)](https://www.mrc-academy.org/about-us/vacancies)

College Calendar: <https://www.mrc-academy.org/information/calendar>

Homework: <https://www.mrc-academy.org/curriculum/homework>

Letters: <https://www.mrc-academy.org/communication/letters>

Educational Visits: [Midhurst Rother College > Communication > Letters \(mrc-academy.org\)](https://www.mrc-academy.org/communication/letters)

Staff Emails: <https://bit.ly/StaffEmailAddress>

Term Dates: [Midhurst Rother College > Information > College Term dates \(mrc-academy.org\)](https://www.mrc-academy.org/communication/letters)

School Cloud: <https://midhurst.schoolcloud.co.uk/>

Sparx Maths: <https://www.sparxmaths.uk/student>

Sparx Reader: [Sparx Reader](https://www.sparxmaths.uk/student)

Lexia POWERUP Literacy - Login and Student Program: [Device Setup - PowerUp \(lexiapowerup.com\)](https://www.sparxmaths.uk/student)

Past editions of Midhurst Matters Newsletter [Midhurst Matters \(mrc-academy.org\)](https://www.mrc-academy.org/communication/letters)



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